

Terry Middleton's 812 945 6965

Boxing	
Monday	Advanced 7:00 PM - 8:00 PM Beginner 8:00 PM - 9:00 PM
Wednesday	Advanced 7:00 PM - 8:00 PM Beginner 8:00 PM - 9:00 PM
Saturday	Beginner 11:00 AM - 12:00 PM Advanced-Noon (open gym)
(MMA)Mixed Martial Arts	
Monday	7:00 PM - 8:00 PM
Wednesday	7:00 PM - 8:00 PM
Saturday	12:00 PM - 1:00 PM
	Advanced (Open Gym)
Kickboxing	
Monday	8:00 PM - 9:00 PM
Wednesday	8:00 PM - 9:00 PM
Saturday	11:00 AM - 12:00 PM
	Advanced (Open Gym)
Kicboxercise	
Monday	6:00PM - 7:00 PM
Wednesday	6:00 PM - 7:00 PM

Saturday	10:00AM - 11:00AM
Karate	
White Belt	
Intro (First Class) Monday 6:00PM Wednesday 6:00PM Saturday 10:00AM	
Monday	4:00 PM
Tuesday	7:00 PM
Wednesday	4:00 PM
Thursday	7:00 PM
Saturday	1:00 PM
Yellow Belt	
Monday	4:30 PM
Tuesday	6:30 PM
Wednesday	4:30 PM
Thursday	6:30 PM
Saturday	Noon
Orange Belt	
Monday	5:00 PM
Tuesday	6:30 PM
Wednesday	5:00 PM
Thursday	6:30 PM

Saturday	Noon
Green Belt	
Monday	5:30 PM
Tuesday	6:00 PM
Wednesday	5:30 PM
Thursday	6:00 PM
Saturday	Noon
Blue Belt	
Monday	6:00 PM
Tuesday	6:00 PM
Wednesday	6:00 PM
Thursday	6:00 PM
Saturday	Noon
Purple Belt	
Monday	6:00 PM
Tuesday	5:30 PM
Wednesday	6:00 PM
Thursday	5:30 PM
Saturday	Noon
Red Belt	

Monday	6:30 PM
Tuesday	5:00 PM
Wednesday	6:30 PM
Thursday	5:00 PM
Saturday	Noon
Brown Belt	
Monday	6:30 PM
Tuesday	4:30 PM
Wednesday	6:30 PM
Thursday	4:30 PM
Saturday	Noon
Black Belt	
Monday	7:00 PM - 8:00 PM
Tuesday	4:00 PM
Wednesday	7:00 PM - 8:00 PM
Thursday	4:00 PM
Saturday	Noon
All Belts	
Saturday	Noon